

## Now Habit A Strategic Program For Overcoming Procrastination And Enjoying Guilt Free Play

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The Now Habit: A Strategic Program for Overcoming Procrastination and Enjoying Guilt-Free Play (Kindle Edition) Published April 5th 2007 by Tarcher Kindle Edition Author(s): Neil A. Fiore. ISBN13: 9781101401156 Edition language: English ...

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The now habit: a strategic program for overcoming procrastination and enjoying guilt-free play

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Now Habit: A Strategic Program for Overcoming ...

1-Sentence-Summary: The Now Habit is a strategic program to help you eliminate procrastination from your life, bring fun and motivation back to your work and enjoy your well-earned spare time without feeling guilty. Read in: 4 minutes Favorite quote from the author:

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The Now Habit Summary - Four Minute Books

The Now Habit. A Strategic Program for Overcoming Procrastination and Enjoying Guilt-Free Play. by Neil Fiore, Ph.D, psychologist and personal coach Author of Awaken Your Strongest Self and Conquering Test Anxiety

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