

The Coaching At Work Toolkit A Complete Guide To Techniques And Practices By Skiffington Suzanne Zeus Perry 2002 Paperback

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A life coach can help employees in the workplace in the following ways: To work through workplace conflicts. To work through emotional issues. To overcome career challenges. To overcome motivation slumps. To improve performance and results. To identify solutions to problems. To take responsibility for results and outcomes.

The Coaching at Work Toolkit: Suzanne Skiffington, Perry ...

The Coaching At Work Toolkit builds on the "The Complete Guide to Coaching" book by the same authors. The first part focuses on the theory of coaching and how / where to use coaching. the second part focuses on tools and techniques a coach can add to his or her toolkit.

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The Coaching at Work Toolkit is the first comprehensive, practical resource for coaches in the use of the theories, tools, techniques and practices that affect learning and change. This book offers coaching tools and psychology-based techniques and is a much-needed guide to understanding the practice of coaching and applying the theories and language associated with it.

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The Coaching at Work Toolkit by Perry Zeus and Suzanne ...

The Coaching at Work Toolkit provides assessment instruments, process forms and examines the management practices of coaching. The book also details the changing nature and evolution of coaching, such as the increasing importance of specialisation.

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